

# Health Equity

for every employee.



Across industries, common factors that impede workplace production such as sick days, injury and leaves due to long-term illness can generate billions in lost revenue. According to a 2021 report by Deloitte, health disparities account for roughly \$42 billion annually in lost productivity in the U.S. Each employee challenge is associated with a universally unrecognizable challenge — The Social Determinants of Health (SDoH). As business leaders, it is imperative to understand the various SDoH that are likely impacting your employees inside and outside the workplace. This understanding will better equip your management team to help employees overcome obstacles that are blocking their personal and professional potential. The ARDX Model Office Blueprint program can help you get there.

## Social Determinants of Health



Food Access



Health Care Access & Quality



Neighborhood & Built Environment



Social & Community Context



Economic Stability



Transportation



Education Access & Quality

# 54M

**54 million** people are food insecure and over **23 million** live in food deserts.

Association of American Medical Colleges and USDA

# 80%

SDoHs can affect up to **80%** of an individual's health outcomes.

Robert Wood Johnson Foundation

# 35%

**35%** of companies with **above average diversity** have higher revenues and outperform competitors.

Robert Wood Johnson Foundation

# The Model Office Blueprint

## Sample Schedule

### Workshop 1 In-person | 2 hours

#### Topics

- Introductions
- The Importance of SDOH to Workforce Productivity

#### Goal

To provide a brief review of SDOH from a historical perspective, and demonstrate how SDOH directly links to overall workforce productivity

### Workshop 2 Remote | 2 hours

#### Topics

- SDOH 1: Food Access
- SDOH 2: Healthcare Access & Quality
- SDOH 3: Neighborhood & Built Environment

#### Goal

To address the individual SDOH components and how each one builds upon others, and specifically impacts workforce productivity

### Workshop 3 In-person | 2 hours

#### Topics

- SDOH 4: Social & Community Context
- SDOH 5: Economic Stability

#### Goal

To address the individual SDOH components and how each one builds upon others, and specifically impacts workforce productivity

### Workshop 4 Remote | 2 hours

#### Topics

- SDOH 6: Transportation
- SDOH 7: Education Access & Quality

#### Goal

To address the individual SDOH components and how each one builds upon others, and specifically impacts workforce productivity

### Workshop 5 In-person | 2 hours

#### Topics

- Strategy for development of an executable action plan

#### Goal

To work with leadership to develop strategies for operational enhancements, and short and long-term planning, resulting on a readily executable action plan



Empower leadership and management teams to have courageous conversations with employees to help them overcome SDOH hurdles and health disparities that are blocking their personal and professional potential.

Each workshop led by a trained ARDX executive is comprised of 10 total hours (five, 2-hour sessions) including dedicated time to examine specific determinants that may be affecting your team members. During the program, we will:

- Identify goals specific to your organization that addresses any health disparities or needs across your employee population
- Examine the SDOH factors that may be impacting your workforce — either in groups or individuals that will benefit from this program
- Educate and train leadership and management to provide them with the tools and confidence that they need in order to identify disparities and promote health equity across their employees

## CONTACT US

To join the movement to address health inequities and achieve your company goals, please contact us directly at [757-410-7704](tel:757-410-7704) or [healthequity@ardx.net](mailto:healthequity@ardx.net).

